

**Oblate and Candidate Retreat—April 27, 2019**  
**Matters of the Heart: Benedict's Use of "Heart" in the Rule**  
Retreat Director: Sister Mary Jo Polak, OSB

We know that St. Benedict first asked us to "Listen with the ear of our heart." In this retreat, we will go beyond that first line and consider the virtues of the heart that Benedict teaches throughout the Rule. Please bring your Bible and the Rule of Benedict [RB1980].

Sr. Mary Jo Polak, OSB, has been involved in retreats and spiritual direction for 25 years and has been a Benedictine Sister for over 38 years. Rooted in a background of education and pastoral ministry, her training includes certificates in spiritual direction and guidance and counseling. Over the years Sister has Mary Jo has served the community in Missouri as a formation director and Prioress.



3/26 Jolene Martinez  
3/27 Jim Bejarano  
3/27 Daniela Talamante  
3/28 Rita Hill

*Remember to do an  
Act of Kindness each week!*

*If today you hear his voice, harden not your hearts.*

*Psalms 95*



As America marks the 40<sup>th</sup> anniversary of the Roe v. Wade Supreme Court decision this year, abortion has become the leading cause of death in our nation and worldwide, ending the lives of more than 42 million children each year and harming millions, of women, men, and their families. In the midst of this global crisis, there is hope. The groundbreaking **40 Days for Life** movement of prayer, fasting, and peaceful vigils is happening now, **Ash Wednesday through April 16<sup>th</sup>**. Find out more at [40daysforlife.com](http://40daysforlife.com) or contact Lisa Santa Cruz [623 628 4193](tel:623-628-4193).



Sisters of St. Benedict

## Our Lady of Guadalupe Bulletin

8502 W. Pinchot Ave, Phoenix, AZ 85037 Tel: 623-848-9608  
<http://www.olgmonastery.com>



The Mission of the Sisters of St. Benedict is to give witness to the Gospel values and follow the Rule of St. Benedict by living the monastic life through the charisms of:  
Personal Prayer, Community Prayer, Hospitality, and ministering to the people of God.



**Date: 3/24/2019**  
**Third Sunday of Lent**



**From the desk of Sr. Linda.....**

- **Fridays during Lent**—Mass 5pm followed by Stations, Soup supper, Reflection  
RSVP for supper to: [sisterlinda@olgmonastery.com](mailto:sisterlinda@olgmonastery.com)
- **Wed, March 27th**—Taizé Prayer 7pm
- **Sunday, March 31st**—Sr. Lydia's 25th Jubilee, 10:15am mass then lunch
- **Thurs, April 4th**—Reconciliation at 7 pm
- **Wed, April 17th**—Tenebrae 7pm
- **Sunday, April 21st**—Palm Sunday and Hospitality Sunday
- **Easter Sunday—April 21, 2019**
- **Saturday, April 27th**—Oblate Retreat
- **Sunday, April 28th**—Oblation/Renewal

### Readings—March 24th

First Reading: Exodus 17:3-7 (28A)

Second Reading: Romans 5: 1-2, 5-8

Gospel: John 4: 5-42 or 4: 5-15, 19b-26, 39a, 40-42

Blessings,

Sister Linda Campbell, OSB, Prioress



**March 24<sup>th</sup>**  
*Third Sunday of Lent*

We take a moment this third Sunday of Lent to reflect with contrition and resolve:

*We may have found a thing or two we could improve on in how we live our faith. But at the end of Lent we hopefully have also found a renewed conversation with God and a renewed peace within ourselves.*

#StJudePrayforUs  
 National Shrine of St. Jude  
[www.shrineofstjude.org](http://www.shrineofstjude.org)



See you all next Sunday!



**Donations are greatly Appreciated!**

*Lupe's Thrift Store is OPEN Fridays and Saturdays and we need your donations!*

*These items are needed: furniture, appliances, kitchen items*

*Lupe's hours are 8am-Noon Fridays and Saturdays\**

*\*help very much needed to open and close Lupe's - please see Ralph or Irene*

**What is the Rule of St. Benedict?**

The Rule of Benedict is an ancient document stemming from the 6th century. In a Prologue and 73 chapters, it takes us on a journey of discovering deep echoes of wisdom, faith and trust. For instance, St. Benedict gives guidance on how to live a life with Christ as the center. He calls us to be aware that "...the divine presence is everywhere..." (RB 19.1). Benedict invites an all-embracing stance of attentiveness that is also expressed in the verb "listen" with which he begins the Rule. Listen attentively to everyday experiences, the daily grind, as they are the opportunities to perceive Christ. The nitty gritty calls forth hospitality: Receiving everything and everybody as Christ.

Be hospitable to Christ in all his different appearances and manifestations in our lives, the Rule invites. This is also the invitation to be transformed way beyond our imagining. May we all walk this journey that Benedict lays out for us. His deep-felt wish and blessing was, "Let them prefer nothing whatever to Christ, and may he bring us all together to everlasting life" (RB 73.11-12).

The spirit of Saint Benedict's Rule is summed up in the motto of the Benedictine Confederation : pax ("peace") and the traditional ora et labora ("pray and work").



**Volunteer Corner—where YOU can help!**

- Clean grotto fountain—one hour once or twice a week (see Sisters)
- Garden—Sundays 7:30am to help weed and harvest (see Grace)
- Thrift Store—help open at 7:30am (bring things out) (see Irene)
- Thrift Store—help close at 11:30 (put things away) (see Irene)
- Yard maintenance—general yard cleaning 1-2 hours once/twice a week (see Ralph)
- Building and/or car maintenance—experienced building maintenance and auto repair folks needed (see Ralphj)
- Administrative office work—Sisters very much need someone with clerical/admin experience to help with office work a few hours per week (see Sister Linda)
- Eucharistic Minister to manage requests for eucharist for homebound/sick members of community (see Sophie or Ralph)
- Cashiers to manage Gift Shop now open on Sundays and during retreats (see Joan Kuhn)
- Someone to gather donations of greeting cards (birthdays, sympathy, get well, new baby, congratulations, etc.) signed by Monastery community to send to members of the community (see Sisters)

